

FEBRUARY 2009 • NEW BEDFORD PUBLIC SCHOOLS – BREAKFAST / LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Groundhog Day</i> <hr/> LUNCH: BACON CHEESEBURGER, CHIPS, SLICED BEETS, APPLESAUCE, CHOICE OF MILK	3 <hr/> LUNCH: HOT DOG ON A BUN, VEGETARIAN BEANS, DICED PEARS, CHOICE OF MILK	4 <hr/> LUNCH: CHICKEN RINGS, POTATO STARS, SNACK PACK CARROTS, LITE RANCH PACKET, FRESH FRUIT, CHOICE OF MILK	5 <hr/> LUNCH: SHEPARD'S PIE w/ CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE, FRUIT MIX, CHOICE OF MILK	6 <hr/> LUNCH: PEPPERONI PIZZA WEDGE, TOSSED SALAD w/ LITE DRESSING, GRAPE SHERBET, CHOICE OF MILK
9 <hr/> LUNCH: MINI TURKEY CORN DOGS, MAC. & CHEESE, PEAS, MINUTE MAID STRAWBERRY JUICE BAR, CHOICE OF MILK	10 <hr/> LUNCH: CHEESE PIZZA DIPPERS w/ DIPPING SAUCE, GREEN BEANS, MANDARIN ORANGES, CHOICE OF MILK	11 <hr/> LUNCH: CHICKEN CHOW MEIN SANDWICH, PINEAPPLE TIDBITS, FORTUNE COOKIE, CHOICE OF MILK	12 <hr/> LUNCH: MEATBALL SUB w/ MOZZ. CHEESE R/F DORITOS, FRUIT, CARROT STICKS, LITE RANCH PKT, CHOICE OF MILK	13 <hr/> LUNCH: BEEF TORTILLA NACHOS w/ MOZZ CHEESE, SALSA, LETTUCE & TOMATO, FRESH FRUIT, CHOICE OF MILK
16 <i>President's Day</i>	17	18	19	20
<h2>WINTER VACATION WEEK – NO SCHOOL</h2>				
23 <hr/> LUNCH: HONEY BBQ CHIX DIPPERS, RICE PILAF, SLICED CARROTS, FRUIT MIX, CHOICE OF MILK	24 <hr/> LUNCH: HAM PANINI, PARMESIAN GOLDFISH, VEGETABLES, FRESH FRUIT, CHOICE OF MILK	25 <hr/> LUNCH: CHEESE PIZZA, DICED PEACHES, CELERY STICKS w/ LITE RANCH DRESSING, CRACKER TRAX, CHOICE OF MILK	26 <hr/> LUNCH: AMERICAN CHOP SUEY, FRENCH BREAD, MARGARINE, GREEN BEANS, APPLESAUCE, CHOICE OF MILK	27 <hr/> LUNCH: FISH STICKS w/ CREOLE SAUCE, OVEN FRIES, COLE SLAW, STRAWBERRY SHAPE UP JUICE BAR, CHOICE OF MILK
<p>VIEW MENU ONLINE: • www.newbedfordschools.org (click on Parents & Community to access Menus)</p>				

DAILY ALTERNATE BREAKFAST/CEREAL - LUNCH: PEANUT BUTTER & JELLY / FLUFF or MEAT SANDWICH. SLICE BREAD AVAILABLE AT LUNCH DAILY.